



# Workshop “Sustainable Lifestyles in Europe”

Vienna, 13-14 November 2004 (Sat./Sun.)

## Contents

Sustainability involves responsible utilisation of energy and resources as well as taking care of the environment for future generations. But a sustainable lifestyle can also be associated with terms like "quality instead of quantity", "utilisation instead of owning", "sharing wealth and jobs", "it is not what you have, but rather who you are that counts most". No narrow, dogmatic self-restrictions are intended, but increased awareness and enjoyable lifestyle: in harmony with nature and in tune with our actual human needs. Finally, sustainability also involves solidarity. As long as there are people whose basic needs are not met sustainability remains unrealised.

## Goals

We intend to discuss sustainability topics with committed people from groups from different countries (especially from Central and Eastern Europe). The goal is to exchange thoughts, experiences and ideas, to have first face-to-face contacts and to identify items that might be a basis for future common projects.

## Time Table

Friday, 12 November	from 14.00 onwards	possibility for check-in
	19.00	Supper, social activities
Saturday, 13 November	10.00	<b>Part 1: The Past</b> Presentation of the activities of the organisations; discussion.
	13.00	Lunch
	14.30	<b>Part 2: The Present</b> What is „sustainable lifestyle“ for my organisation and for me - now?
	18.00	Departure for common supper
Sunday, 14 November	09.00	<b>Part 3: The Future</b> Which common features and which differences can we discover? Advantages and disadvantages of co-operations.
	13.00	Lunch and end of the workshop.

## Ort

Umweltdachverband („Ecology Umbrella Organisation“, Alserstrasse 21/5, A-1090 Vienna (1 km from the City centre)

## Languages

The languages of the workshop are English and German (with translations).

## Conditions

This workshop is organised by the Austrian NGO SOL (= People for Solidarity, Ecology (Ökologie in German) and Lifestyle; [www.nachhaltig.at](http://www.nachhaltig.at)) as part of the "Lifestyle-25" project.

Funds provided by the Austrian Ministry of Environment allow support for transport and accommodation of participants from the new EU member countries and other CEE countries (for one person per organisation):

- Accommodation and breakfast is free, either privately with members of SOL or at a Youth Hostel. If you prefer to stay at a hotel, we can alternatively offer you a support for the costs of your accommodation (€20.- per night).
- Lunch and supper is free (including one beverage with each meal).
- We regret that we cannot refund your total travel expenses. You will, however, receive a support of 15 € per 100 km (one way); so if you come from a town that is e.g. 400 km apart from Vienna (train distance), we will pay a support of 60 € (regardless which means of transport were used).

Conditions for all other participants (from Austria, from other countries, for additional participants of the same organisation): Participation is free, but we cannot give support for accommodation, travel or meals. We can, however, offer to organise a bed in a Youth Hostel (approx. 20 € including breakfast per night) oder a room in a hotel (approx. 40 € including breakfast per night) for you.

## Head of project / contact

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